

Low Birth Weight

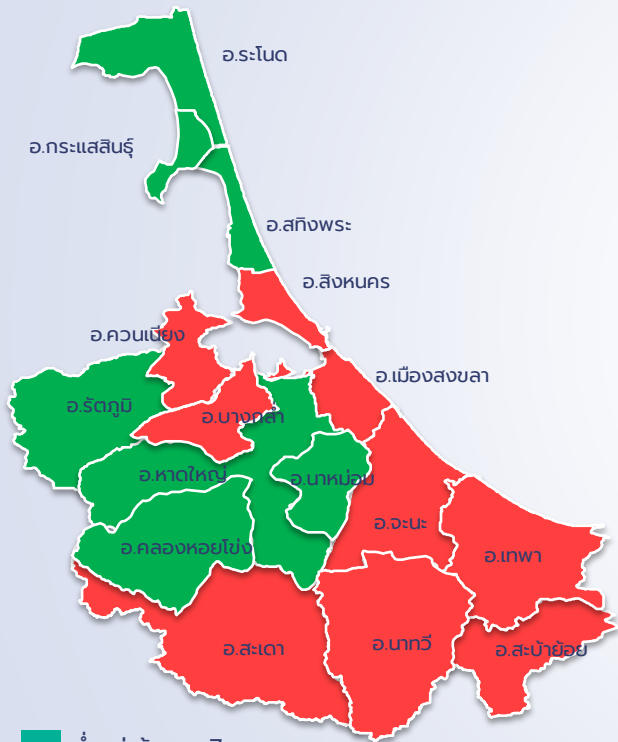
กลุ่มงานส่งเสริมสุขภาพ
สำนักงานสาธารณสุขจังหวัดสงขลา



อัตราการเกิดน้ำหนักน้อยกว่า 2,500 กรัม (ไม่เกินร้อยละ 7) ปี 2565 – 2567 (ต.ค. – ธ.ค. 66)

แหล่งข้อมูล : รายงาน HDC Service 25 ธันวาคม 2566

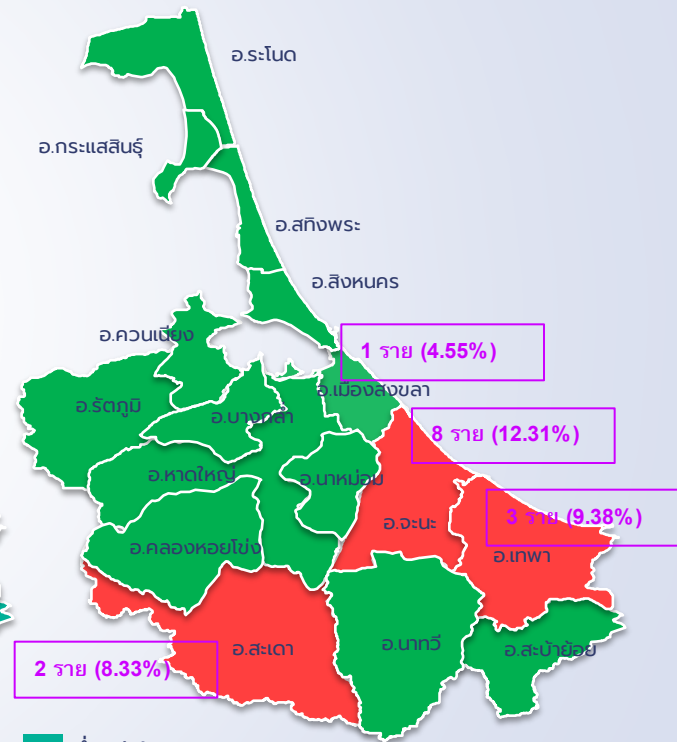
ปี 2565



ปี 2566



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■ ต่ำกว่าร้อยละ 7
■ สูงกว่า ร้อยละ 10

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Global Nutrition Targets 2025

Low Birth Weight Policy Brief



TARGET:

30% reduction in low birth weight



Interventions at country/regional level

- Support for women's empowerment and educational attainment
- Social protection systems (e.g. cash-transfer programmes) for improving health-care visits
- Food-distribution systems for subpopulations at risk of food insecurity
- Improvement of clean and adequate water, sanitation and hygiene
- Support for national salt-iodization programmes, to ensure that salt consumed by households is adequately iodized (for which there are new guidelines harmonizing iodine levels with reductions in salt consumption (26)
- Improvement in facility-based perinatal care in regions with low coverage
- Universal simplified perinatal data-collection system with electronic feedback systems

Interventions at community level

- Adequate nutrition for adolescent girls
- Promotion of smoking cessation during and after pregnancy
- Community-based packages of care, to improve linkage and referral for facility births
- Intermittent iron and folic acid supplements for women of reproductive age and adolescent girls, in settings where the prevalence of anaemia is 20% or higher
- Prevention of malaria during pregnancy

Pre-pregnancy interventions

- Birth spacing
- Peri-conceptual daily folic acid supplementation for reduction of congenital anomalies
- Promotion of smoking cessation

Antenatal care interventions for all women

- Fetal growth monitoring and neonatal size evaluation at all levels of care, integrated into the WHO new antenatal care model (27)
- Daily iron and folic acid supplements for women during pregnancy
- Decrease in non-medically indicated caesarean delivery and induction
- Promotion of smoking cessation

Antenatal care interventions to selected women

- Balanced protein–energy supplementation
- Daily calcium supplementation for women in settings with low calcium intake
- Uterine cervical cerclage (or cervical stitch) in women with previous preterm birth and short cervix
- Antiplatelet agents before 16 weeks for women at risk of pre-eclampsia
- Progesterone therapy for women at risk of preterm birth
- Antenatal single-dose corticosteroids for accelerating fetal lung maturity in women in early initiation of labour
- Antibiotic treatment for women with bacterial vaginosis and asymptomatic bacteriuria
- Interventionist care in severe pre-eclampsia before term

MCH ชชอัทฬชควแ

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การฝากครรภ์

